



LEAGUE PLAY

Indoor Soccer



League Overview

Welcome to the Optimal You Fitness Facility 3 on 3 indoor soccer league! Thank you for signing up and supporting group activities Amway campus. We are excited to start providing more programs and services to our members. Here is an overview of how the league will go.

- All participants must have an active membership to the Optimal You Fitness Facility. If you need to sign-up, please ([CLICK HERE](#)) to visit the membership page of our website. You will need to fill out the [application form](#) as well as a [health history form](#).
- All participants must scan their card (Check-In) at the Optimal You Fitness Facility Fitness Desk prior to playing.
- League play will be round robin style. Seeding for single elimination tournament will be based on records.
- League is attentively scheduled for 8-10 weeks in duration (6-8 weeks of divisional pool play and 2-4 weeks of single elimination tournament play). *League length will be determined by the number of teams playing.*
- Teams, captain's name, email, game schedule and standing will be posted on the [Indoor Soccer League Play page](#) of the [Optimal You Fitness Facility Website](#).
- Captains of the winning team must report their score via website ([CLICK HERE](#)) within 24 hours of game played.
- Games will be played on campus at the Optimal You Fitness Facility Gymnasium.
- Games will be scheduled on Wednesday between 12:30pm - 2pm, with Tuesdays from 11am - 12pm being available for make-up games if needed. All divisional pool play scores must be reported no later than Wednesday, February 21, 2023 at 1pm noon EST.
- The Optimal You Fitness Facility Gymnasium can also be reserved for other days/times if needed. Please contact the Optimal You Fitness facility: fitness_facility@amway.com to check for availability.
- For a complete list of league rules, ([CLICK HERE](#)).
- Tournament play will begin February 28, 2023. More details to be announced once divisional pool play is completed.

**League overview may have updates based on number of teams and scheduling*